



LENTEN SILENCE

In the silence of the desert, Jesus opened himself fully to God. As we observe **Lenten Silence** before Mass, may we too open ourselves more fully to the presence of God. A bell will be rung five minutes before Mass reminding us to keep **strict silence** in order to allow ourselves time for personal prayerful preparation for Mass.

LENTEN DEVOTIONS

St. Patrick, Jackson

- **Weekday Mass** - Tuesday through Friday at *8 a.m.* (except for the Tuesday following the first Sunday of the month)
- **Eucharistic Adoration** - Fridays, *12:30 p.m. until 5:30 p.m.*
- **Soup Supper** - Fridays of Lent through March 26, *6:00 p.m.*, St. Patrick Hall, (*sponsored by various parish organizations*)
- **Stations of the Cross & Benediction (when a priest is presiding)** Fridays of Lent through March 26 ~ *7:00 p.m.*
- **Living Stations** Good Friday April 2 ~ *12 noon*
- **Penance Service** March 10 ~ *7 p.m.*

St. Bernard, Volcano

- **Stations of the Cross & Benediction (when a priest is presiding)** - Fridays of Lent through March 26 ~ *4:30 p.m.* Good Friday, April 2 ~ *12 noon*
- **Living Stations** March 12 ~ *4:30 p.m.*

Our Lady of the Pines, Pioneer

- **Weekday Mass** - Tuesday & Friday at *9:30 a.m.*
- **Eucharistic Adoration** - Fridays from *10 a.m. until 7:00 p.m.*
- **Stations of the Cross & Benediction (when a priest is presiding)**- Fridays of Lent through March 26 ~ *5:30 p.m.* Good Friday, April 2 ~ *12 noon*
- **Living Stations** March 26 ~ *5:30 p.m.*

Cultivate your Spirituality

How green is your faith? How do we nurture our faith so it is always alive in our hearts? Join us for an afternoon of prayer and reflection.

"Watering Our Roots"

Sunday, March 7, 1-4 p.m.

St. Patrick Hall, Jackson

Call Joan Nikolai at 295-5528. Registration is necessary.

Bible Study Groups

St. Patrick Fridays 7 p.m.
Our Lady of the Pines Tuesday 1:00 p.m.

PENANCE SERVICE

Time to mark your calendar so you don't forget to attend this opportunity to grow closer to God. This is a communal service with opportunities for individual confession and absolution.

Lenten Penance Service
Wednesday, March 10 7:00 pm
St. Patrick Church



EASTER TRIDUUM 2010

Holy Thursday April 1, Good Friday April 2,

Holy Saturday (Easter Vigil) April 3

Easter is not simply one feast among others, but the "Feast of feasts," the Solemnity of solemnities," just as the Eucharist is the "Sacrament of sacraments," (the Great Sacrament). St. Athanasius calls Easter "the Great Sunday" and the Eastern Churches call Holy Week "the Great Week." [*Catechism of the Catholic Church* 1169] Details for this year's Triduum are being finalized and will be announced shortly. For further information call the parish office at 223-0168, or continue to check the bulletin and the parish web site, stpatparish.org

Easter Sunday April 4

Mass Schedule

8:00 am St. Patrick ~ *Jackson*

9:30 am Our Lady of the Pines ~ *Pioneer*

11:00 am St. Patrick ~ *Jackson*

Call the Parish Office @ 223 0168 for information regarding Easter Sunday Mass at St. Bernard, Volcano

Lenten Study Series

Small groups gather to pray, reflect, study, and put into action their faith. To join a group call 223-0168 or email scc@suttercreekparish.com.

Diocesan Day of Penance & Prayer

Wednesday March 10

A day of penance for negative attitudes and discrimination toward people of differing cultures, ethnicity and race; and prayer for unity in our diversity, for equality, mutual respect and peace among all peoples – the second Wednesday in March. (Diocesan Statue No123,c) No need to leave home to participate.

2010 LENTEN REGULATIONS & ADMONITIONS

Another Lenten journey of further conversion will begin on *Ash Wednesday, February 17th*. During Lent we prepare for the celebration of the Paschal Mystery of Our Lord's suffering, death and resurrection. It is a time for reflection and spiritual renewal, a time to examine our relationships with God and with others. The Church also calls us to a spirit of penance, above all to practice the "Acts of Religion": **fasting, prayer and almsgiving**, "which express conversion in relation to oneself, to God, and to others." (*Catechism of the Catholic Church* para. 1969 and 1434.) In accordance with the general law of the Church (Code of Canon Law, Canons 1249-1253), I call your attention to some Lenten duties and also offer other recommendations.

Fast & Abstinence (self-denial)

To foster the spirit of penance and of reparation for sin, (including the harm that has been caused to victims and to the Church at large by clergy sexual misconduct and in reparation also for the scourge of abortion and other attacks against human life), to encourage self-denial, and to guide us in the footsteps of Jesus, Church law requires the observance of fast and abstinence.

Abstinence: *All persons who have already celebrated their 14th birthday, are bound to abstain from meat on Ash Wednesday and all Fridays of Lent.*

Fasting: *Everyone, from the celebration of their 18th birthday and to their 59th birthday, is bound to fast on Ash Wednesday and Good Friday.* Voluntary fasting on other weekdays of Lent is highly recommended. Fasting is generally understood to mean eating only one full meal each day. Two other partial meals, sufficient to maintain strength, may be taken, but together they should not equal another full meal. Eating between meals is not permitted, but liquids are allowed. Other forms of "fasting", especially regarding alcoholic drink, needless television, video games, Internet use, and social entertainment, is of true spiritual value and to be encouraged. When health or ability to work would be seriously affected, neither the law of fast nor the law of abstinence obliges. If in doubt, one's parish priest or confessor may be consulted. Airport workers, travelers, and others while on board ships or airplanes are dispensed from the laws of fast and abstinence for the duration of their journey (except on Good Friday). It is desirable that they perform some other pious act instead.

Prayer

In order to deepen one's love for Christ, I urge Catholics to read and pray over Sacred Scripture; to study the *Catechism of the Catholic Church*; and to participate in devotions offered by the parish; and to pray more fervently - individually, as families, and in common with others. I exhort the faithful to pray the Rosary and to make private visits to the Blessed Sacrament. Please pray for vocations to the priesthood and religious life, for world peace, and for a broad implementation of the pastoral initiatives of the recent Diocesan Synod.

Sacrament of Penance and Reconciliation: Lent is a privileged time for celebrating this sacrament. Parishes generally make readily available the Sacrament of Penance, including its communal celebration. In this way, the social and ecclesial aspects of sin and reconciliation, as well as one's personal reconciliation with God may be underscored. We should attend also to reconciliation in every aspect of human life - personal, familial, societal, and ecclesial.

Lenten Mass Schedule: Daily Masses during Lent are so scheduled so as to afford the faithful ample opportunities for spiritual growth. I urge you to attend weekday Mass as often as possible.

The Stations of the Cross are celebrated publicly in each parish on Fridays during the Lenten season. You are urged to participate.

Benediction of the Blessed Sacrament is highly encouraged during Lent and each parish is also urged to schedule Solemn Exposition of the Blessed Sacrament (Forty Hours) in accordance with Canon 942. The faithful are encouraged to take part whenever possible.

Easter Duty: All Catholics who have been initiated into the Holy Eucharist are bound to receive Holy Communion worthily at least once during the Easter Season: Easter Sunday, March 27th, through Holy Trinity Sunday, May 22nd. You are encouraged to receive Communion as often as possible during Lent and Eastertide.

Almsgiving

The act of giving to the poor, in the most ancient tradition of the Church, is an expression of penance, a form of piety, a witness of fraternal charity and an expression of Lenten conversion. Therefore, I urge all Catholics to support generously the charitable works of the Church, including ordinary stewardship to their parish, the 20th Annual Catholic Appeal for Catholic Charities and contribution to the Diocesan Food Bowl. People are also encouraged to assist the sick, the aged, the needy and the imprisoned, both personally and through parish and civic programs. Fasting and abstinence together with works of charity help Catholics live in solidarity with the crucified Christ reflected in the image of our brothers and sisters who suffer.

As we pursue our Lenten pilgrimage of faith and climb the holy mountain of Easter, may God direct our steps to himself, and show us how to walk always in his way.

+ Jaime Soto, Bishop of Sacramento